

## Three easy steps for an at-home experience!



### BIG IDEA: Live It Out

Today's lesson teaches us that there is more to following Jesus than only learning about Jesus and believing what the Bible teaches. That is VERY important, but we see that God wants that faith in him to change us and inspire us to do good things in this world. When we have faith in Jesus, he calls us to live out our faith. He wants us to be kind, compassionate, generous, servant-hearted and forgiving. He calls us to share the good news of Jesus with people who are lost and take care of people who need help. He wants us to make a positive impact on the world rather than being pulled down by the bad influences around us. God gives us the grace of getting to do his good work in this world.



#### STEP ONE: READ THE BIBLE STORY

James 1:19-27 from the NIV  
Not found in the Read With Me Bible.



#### STEP TWO: WATCH THE TEACHING VIDEO

Available at [youtube.com/eastviewkids](https://youtube.com/eastviewkids)  
Basic Training - Week 4



#### STEP THREE: CHOOSE AN ACTIVITY

**FOR ALL KIDS: You Can't Put It Back**

**Materials:** Tube of toothpaste (travel size is fine), plate, spoon

Our lesson today teaches that we should be "slow to speak" and "slow to get angry." When we are angry, sometimes mean words come out of our mouths. This activity will be a great way to teach your kids that once mean words come out, they can't be put back!

1. Squeeze the toothpaste out of the tube onto the plate. Let each child take a turn at squeezing. Talk about how easy it was and how quickly they did it.
2. Now challenge them to put the toothpaste back into the tube. Let each family member take a turn with the spoon trying to put the toothpaste back in.
3. Ask which was harder - squeezing the toothpaste out or trying to get it back in?

Angry words hurt others. And once they are out of our mouths, it is impossible to put them back in! As followers of Jesus, we want to say and do things that help others. With the help of the Holy Spirit, we can work to control our anger.

# eastview kids family worship

## FOR ALL KIDS: Who Do You Reflect?

**Materials:** Hand-held mirror, flashlight, paper and marker, masking tape

1. Pass the mirror around and have each family member take a look at their reflection. Our reflection in the mirror is how we look on the outside. God is concerned with the inside, our heart. As Christ followers, we need to be a reflection of Jesus to our friends and family. We need to copy Jesus' behavior so that our behavior points others to Him.
2. Write the word "Jesus" on a piece of paper. The flashlight represents Jesus. The mirror represents us and our actions. The paper with the word Jesus represents others.
3. Shine the flashlight beam into the mirror so that it reflects off the mirror and illuminates the word "Jesus." When we try hard to be like Jesus, we can be a good example for others. Just like this flashlight beam clearly reflects off the mirror to light up "Jesus." What are some behaviors that would be a good example? (kindness, generosity, sharing, not arguing, etc.)
4. Turn off the flashlight. What kinds of behaviors would NOT be a reflection of Jesus? (arguing, disobeying, cheating, lying, etc.)
5. For each of these bad behaviors, take a small piece of masking tape and place it on the mirror. Continue until a good portion of the mirror is covered.
6. Once again, shine the flashlight beam into the mirror so that it illuminates the word "Jesus" again. This time, however, the tape will be blocking the light. When we allow behavior into our life that is not like Jesus' behavior, our life will not clearly point others to Jesus.
7. Finish by ripping off all the tape and praying that God will help your family to "Live It Out" this week!

