

Hungry for God
Deuteronomy 8:1-18 NLT; Matthew 4:1-4 NLT
January 11, 2026 / Brandon Grant, Lead Pastor

The Hunger We Feel

- We live in a culture of more, yet still feel empty
- We are often full, but not satisfied
- *We've slowly confused fullness with satisfaction*

Fasting as Spiritual Decluttering

- Marie Kondo and Fasting
- Fasting is spiritual decluttering.
- It is not about adding—it's about removing to make more space for God in our lives.

Fasting Is a Gift

- Fasting is a gift from God meant to cultivate humility, deeper dependence + gratitude in us.

What God Taught Through Hunger (Deuteronomy 8:1-18 NLT)

- God used hunger intentionally to form His people
- Manna taught daily dependence
- Prosperity—not scarcity—is the greater danger!
- *Life does not come from bread alone*

Jesus, Hunger, and Temptation (Matthew 4:1-4 NLT)

- Jesus fasts and becomes hungry
- The first temptation targets appetite
- The answer to “more” is not consumption—but God’s Word.

Invitation to Reflect

- *What fills my life but leaves my soul hungry?*
- *Where might God be inviting me to less?*
- *What might God want to reveal through fasting?*

Eastview Church Application

- Fast lunch tomorrow (1/12/26) as an entire church body
- Come to either the Normal or Bloomington campus between 1130a-1p for prayer and connecting with staff