



## Leader's Corner

Demon Study

Mark 14:26-42

**Summary:** This week was a unique and meaningful Sunday as both campuses gathered together in one location for worship. There's something powerful about seeing the broader body of Christ together—different stories, generations, and backgrounds united around Jesus. As a group, take a few moments to reflect on what stood out to you from being together as one church family.

This week's teaching centered on a core truth of spiritual formation: we become what we behold. In Mark, Jesus enters the Garden of Gethsemane and allows His disciples—and us—to witness His heart. We behold His intentionality, vulnerability, surrender, intimacy with the Father, compassion, and resolve. This is more than information about Jesus; it is an invitation into transformation through attentiveness to Him.

**Main Passage:** Mark 14:26-42

**Main Idea:** We are spiritually formed by what we consistently behold.

**Main Practice:** Slow down and intentionally behold Jesus through prayer, Scripture, surrender, and presence.

## Prayer and Praise

### Opening Prayer:

Jesus,

In a loud and distracted world, teach us to behold You again. As we sit with You in Gethsemane, help us see not only Your suffering, but Your beauty—Your surrender, honesty, intimacy, and love. Form us into people who reflect what we gaze upon most. Quiet our hearts enough to remain with You.

Amen.

### Worship Song Suggestions:

- Turn Your Eyes Upon Jesus – Sovereign Grace
- Nothing Else – Cody Carnes
- Give Me Jesus – Upperroom
- The Garden – Kari Jobe
- Abide – The Worship Initiative

# Group Discussion

## Opening Reflection:

1. What stood out to you from gathering together as one church this weekend?
2. Was there a moment from worship, teaching, or community that encouraged you?
3. Read the Passage Together.
4. Which of the “10 Behold-ments” stood out to you most?
5. What characteristics or emotions or details of Jesus do you notice throughout this passage?
6. The sermon said, “We become what we behold.” What do you think that means?
7. Why is it significant that Jesus allowed His disciples to witness His grief, anguish, and prayer?
8. In verses 36–38, what do you learn about surrender, temptation, and dependence on the Father?
9. What currently captures most of your attention throughout the week? How is it shaping you?
10. Which “Behold-ment” reflects an area where you most need Jesus to shape your life right now?
11. What rhythms could help you intentionally behold Jesus this week?
12. If your group became more prayerful, attentive, and surrendered like Jesus in this passage, what might change?
13. What is one practical way you can slow down this week to simply be with Jesus?

# Practice

## Group Practice:

Spend several minutes quietly reflecting on one phrase or image from Mark.

Possible prompts:

- “Jesus is Real”
- “Jesus is Yielded”
- “Jesus is Intimate”
- “Jesus is Sympathetic”

Invite group members to sit quietly and ask:

- What do I notice about Jesus here?
- What does this reveal about God’s heart?
- What might Jesus want to form in me?

After silence, allow people to share briefly and then pray for one another.

## Individual Practice This Week:

Read Mark slowly each day this week.

Rather than rushing to application, practice simply beholding Jesus:

1. What do I notice about Him?
2. What emotions or qualities stand out?
3. What might the Spirit be inviting me to become?

Encourage people to journal one sentence each day beginning with:

“Today I beheld Jesus as...”

# Further Study

## Additional Scriptures:

- 2 Corinthians 5 — Transformation through beholding Christ
- Psalm 139 — Gazing upon the beauty of the Lord
- Hebrews 4 — Jesus sympathizes with our weakness
- John 15 — Abiding in Christ
- Philippians 2 — The surrender and humility of Jesus

## Quotes for Reflection:

“The soul is shaped by what it beholds.”

“We become what we repeatedly give our attention to.”

“Prayer is not primarily a place to get things done. It is a place to become.” — John Mark Comer