

# LEAD US NOT

→ MATTHEW 4 ←

SERMON STUDY - 10.19.2025

## Leader Corner

Remembering in the Wilderness

*Temptation reveals where our trust truly lies. In the wilderness of doubt, pain, and pressure—God’s Word, presence, and promises are enough.*

### Main Theme:

When temptation or hardship hits, we often feel forgotten or overwhelmed. Psalm 77 reminds us to remember—God’s goodness in the past, His faithfulness in the present, and His purpose for the future.

### Main Passage:

Psalm 77 — A cry from distress that turns into worship through the act of remembering God’s character and deeds.

### Spiritual Practice:

Remembering with Intention

- o Remember God’s past faithfulness.
- o Reflect on His present work.
- o Rest in His future promises.

Journaling, prayer, and sharing are key practices.

## Connect with Prayer & Praise

### Pray Together (Read aloud):

Father, when temptation comes, remind us that You are enough.

Feed our souls with Your Word, steady our hearts with Your presence,  
and give us courage to walk in Your ways.

Lead us not into temptation, but deliver us from the enemy.

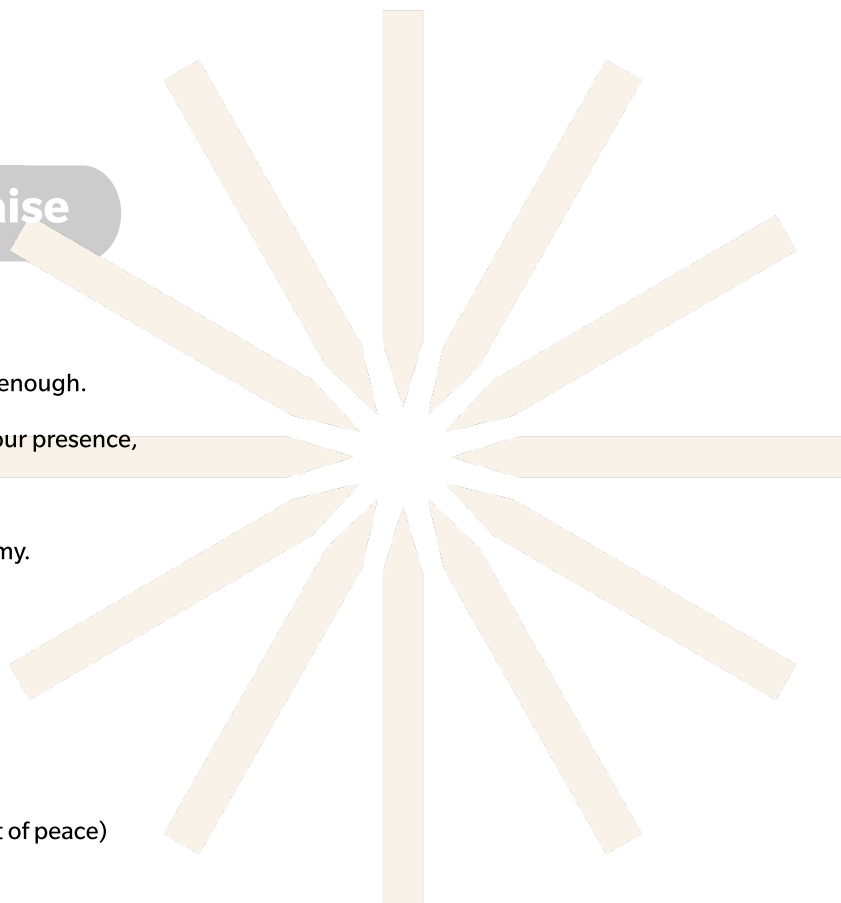
Amen.

### Praise Prompt:

Each person share a one-sentence praise:

“God, I thank You for...”

(e.g., protection, provision, healing, a person, a moment of peace)



## Main Scripture Reading:

Psalm 77 (Read aloud as a group, slowly. Optional: Break it into two parts—v. 1–9 and v. 10–20)

Encourage everyone to listen for the emotional shift from despair to remembrance, and underline or note any verses that stand out.

## Discussion Questions:

1. What emotions do you see expressed in Psalm 77?

Have you ever prayed like this—honest, raw, and questioning?

2. Verses 7–9 are full of doubts and questions.

What doubts or struggles come up for you when you're in a "wilderness" season?

3. Verse 11 marks a turning point.

What does Asaph choose to do in this moment—and why does it matter?

4. "Remembering" is the key theme.

What's one time in your life you clearly saw God's faithfulness?

5. Right now, what do you sense God doing in your present season?

Even if it's small—where do you see Him moving?

6. Asaph remembers God's power among the nations (v. 14).

How can remembering the bigger picture of God's work give us peace when life feels small and stressful?

7. What might it look like to "remember the future" in faith?

How can hope in God's future interrupt our present anxiety?

## **Practical Group Application:**

"A Threefold Journal"

Have each person take 5–10 minutes to journal quietly using the prompts below. Then invite 1–2 volunteers to share if comfortable.

1. Remember the Past:

What are some “wonderful deeds” God has done in your life, your family, or even in Scripture that give you strength today?

2. Remember the Present:

Where have you seen God working in your life lately? What are you grateful for in this season?

3. Remember the Future:

What do you believe God might be shaping in your future? What are some hopes or dreams you sense He’s inviting you into?

**Bonus Prompt:** Cast your anxiety on Him. What burdens are you carrying? What would it mean to trust Him with those things today?

## **Group Commitment (Wrap-Up Challenge):**

This week, commit to one of the following:

- Share your journal reflections with a trusted friend or mentor.
- Text an encouragement to someone who might be in a “wilderness” season.
- Pray Psalm 77 once this week during a quiet moment.
- Start a gratitude list—three things each day that remind you of God’s presence and faithfulness.

## **Closing Prayer:**

Lord, thank You for meeting us in the wilderness.

Help us remember when our hearts forget.

When we are tempted to believe we are alone,

remind us that Your Word, Spirit, and promises are enough.

Teach us to trust—not in the absence of struggle—but in the presence of Your love.

Amen.