

Three easy steps for an at-home experience!



BIG IDEA: Don't Worry

This is a great follow-up to last week's lesson on prayer. Jesus teaches us that God will take good care of us because he loves us so much. He takes care of the birds and the flowers, and we are worth so much more than them to God. Jesus teaches us to keep our eyes on God. He is in control of all things. Instead of worrying, our first step should be praying and asking God for help!



STEP ONE: READ THE BIBLE STORY

Matthew 6:25-34 in the NIV Bible.
Our story is not found in the Read With Me Bible.



STEP TWO: WATCH THE TEACHING VIDEO

Available at youtube.com/eastviewkids
Life with Jesus - Week 6



STEP THREE: CHOOSE AN ACTIVITY

FOR ALL KIDS: Nature Walk

Materials: None

In our story, Jesus talks about the birds and the flowers. God takes care of them. He provides food and water for the birds. He provides rain and soil for the flowers to bloom.

Go for a nature walk around your neighborhood. Try to point out as many birds as you can. Point out as many types of flowers as you can.

When you get back home, have a prayer time. Thank God for taking care of the birds and flowers. We know he loves us so much more than them. Thank him for taking care of us!

eastview kids family worship

FOR ALL KIDS: Wants vs. Needs

Materials: Paper

Preparation: Make two sets of words on small pieces of paper. Here are the words:

- Cup for water
- T-shirt
- Blanket
- Stuffed animal
- Shoe
- Ball
- Spoon
- Piece of fruit
- Video game or DVD
- Some type of sweet treat (cookie or candy)

In our story, Jesus teaches that God will take care of all our needs. He also knows what we want, and sometimes blesses us with that. MOST of what we have as Americans are wants. We rarely have to worry about our needs. Pointing this out to our kids helps them see how blessed we are.

Do a house scavenger hunt race. Divide your family into two teams. Their goal is to find all of the items the fastest. They can only find ONE item at a time and bring it back to the starting point.

Once you are done and have a winner, take some time to look at each of the items. Ask if the item is something we need or something we want. There could be some disagreement here as several items could be both. For example, we need clothing, but we want the designer brands.

Finally, pray and thank God for taking care of all your needs and blessing you with so much more!