

Fasting for Breakthrough / Isaiah 58:1-12
January 25, 2026 / Josh Jacobs

- **Spiritual Disciplines: Don't forget the juice box!**

- **Biblical Hypocrisy vs. Secular Hypocrisy**
 - Secular: Say one thing, do another
 - Biblical: Do the right things for the wrong reasons

- **Isaiah 58**
 - Selfish people straying from a selfless God

- **We fast so that God can change our hearts**
 - Unless our hearts are fixated on Jesus, we will continue to feed into the oppression and injustice in our world.

- **God desires transformed hearts that lead to transformed living**
 - Formation leads to mission. Mission continues to form us.
 - "Jesus knew the well-worn path between solitude and service" – Dr. JK Jones

- **Biblical Justice vs. Secular Justice**
 - Secular: Payback
 - Biblical: Restoration (Luke 4, Matthew 25)

- **Overwhelmed by the need?**
 - Start with your heart
 - Overflow to your neighbor
 - Let God fan the flame

- **Challenge for this week**
 - See Jesus in every person you would normally judge