

Three easy steps for an at-home experience!



BIG IDEA: GOD CAN HEAL

Naaman was a very important man—he was commander of the army of the king of Aram. But Naaman had a skin disease and was seeking help. He was directed, eventually, to Elisha, a prophet of God. Elisha gave Naaman instructions on how to be healed. After some grumbling, Naaman finally agreed to follow the prophet's instructions. And when he did, God healed him! Naaman was not only healed on the outside, but on the inside as well! From that day, he worshiped the one true God!



STEP ONE: READ THE BIBLE STORY

2 Kings 5:1-19 from the NIV
Pages 210-215 in the [Read with Me Bible](#)

STEP TWO: WATCH THE TEACHING VIDEO

Available at youtube.com/eastviewkids
Believe It - Week 3



STEP THREE: CHOOSE AN ACTIVITY

FOR ALL KIDS: Seven Dips!

Materials: A blanket or towel for each family member

Naaman was very sick. He had a disease called leprosy. This was a terrible disease that did not have a cure. Let's put on this blanket and pretend it is the disease. There was nothing Naaman could do himself to get better. So he went to a prophet of God named Elisha. Elisha told Naaman what to do to be healed. Do you remember what that was? He had to go to the Jordan River. Let's travel to the Jordan River!

March around the house pretending to travel to the Jordan River.

We are here at the Jordan River. We need to go into the Jordan River. Let's go in.

Now what do we have to do? Dip down! How many times? Seven!

Squat down as you count to six. Then after the seventh dip, have everyone throw off their blanket or towel and yell, "I am healed!"



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FOR OLDER KIDS: M&M Magic

Materials: M&M's, bowl, warm water

This is a fun experiment to do with M&M's.

In our story today, we learned that Naaman was healed because he followed Elisha's directions. What did Elisha tell him to do? Go to the Jordan River and dip down in the water seven times. How did Naaman feel about this at first? Did he believe God could heal him this way? It sounded pretty strange and not something an important military officer would do. But his servants convinced him to give it a try. What did he have to lose?

Place seven DARK colored M&M's in the bowl with the M facing up. Carefully pour the warm water into the bowl, being careful not to flip any of the M&M's. You should completely cover the M&M's.

Watch the M&M's closely. As you wait, talk about how Naaman might have felt as he was dipping down in the river. What if he had given up on dip number 4? He had to trust God and he had to be patient. Just like we are being patient as we watch the M&M's.

Eventually, the M&M's will melt and the coating that holds the M will detach and the M will float to the top of the water. You may need to give the side of the bowl some gentle taps to help the process, and not all the M&M's will be successful.

Naaman followed God's instructions and when he came out of the water that 7th time, he was healed!



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